December 2009

ELGIN PUBLIC SCHOOL
BREAKFAST & LUNCH MENUS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Scrambled eggs & potatoes, toast Hot ham 'n cheese Baked beans, applesauce, corn chips	2 Cereal, yogurt, donut Chicken fajita Wedges, fruit jello, lettuce	3 Breakfast burrito, hash brown patty, toast Turkey, bacon club Twister fries, peaches, cookie	4 Sausage gravy over biscuit, fruit Breaded beef fritter Mashed potatoes/gravy, corn, biscuit	5
6	7 Bacon, egg, biscuit Turkey gravy over mashed potatoes, corn biscuit	8 Waffles, ham Spaghetti w/meat sauce Green beans, cottage cheese, pineapple, breadsticks	9 Cereal, fruit, muffin Chicken noodle soup Cheese sandwich, baby carrots, applesauce	10 French toast, sausage Hamburger w/bun French fries, taco salad, cookie	11 Breakfast Pizza Sweet-n-sour chicken over rice, lettuce, mandarin oranges, fortune cookie	12
13	14 Sausage, egg, biscuit Sloppy Joes/bun Smile fries, peaches, cookie	15 Pancakes, sausage links, fruit Chicken nuggets Baked beans, pears, biscuit	16 Scrambled eggs, hash brown patty, toast Sliced turkey Mashed potatoes/gravy, stuffing, green beans, bread	17 Cereal, yogurt, bagel Grilled chicken sandwich, taco salad, corn, brownie	18 Sausage gravy/biscuit Breaded chicken fried steak Mashed potatoes, gravy, broccoli/rice casserole, roll	19
20	21 Ham, egg, biscuit Chicken Fajita Lettuce, corn, rice crispy bar, applesauce	22 Breakfast pizza, fruit Turkey Deli wrap French fries, fresh fruit, brownie	23 **NO SCHOOL --- Holiday Break**	24	25	26
27	28 **NO SCHOOL -- - Holiday Break**	29	30	31		

Milk & juice are offered with each breakfast
and milk is offered with each lunch.
Cereal optional for each breakfast.
Chef Salad optional to grades 7-12 at lunch