

# October 2009



## ELGIN PUBLIC SCHOOL BREAKFAST & LUNCH MENUS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Milk &amp; juice are offered with each breakfast and milk is offered with each lunch. Cereal optional for each breakfast. Chef Salad optional to grades 7-12 at lunch</p>				<p>1 Cereal, donut</p> <p>Hot ham 'n cheese Hash browns, corn, turnover</p>	<p>2 Sausage gravy over biscuit</p> <p>Chicken fajita Potato wedges, taco salad, apple juice</p>	3
4	<p>5 Ham, egg biscuit</p> <p>Pork rib patty Tritater, broccoli, biscuit, honey butter</p>	<p>6 Waffles, sausage, tritater</p> <p>Roast beef gravy over mashed potatoes corn, roll, fruit juice</p>	<p>7 Cereal, pastry roll, fresh fruit</p> <p>Beef 'n Au gratin potatoes, green beans, pears, roll</p>	<p>8 Breakfast bar, tater tots, toast</p> <p>Corn dogs Baked beans, mac 'n cheese, fruity jello</p>	<p>9 Breakfast pizza, fruit</p> <p>Chili Potato wedges, mexi rice w/corn, sugar cookie</p>	10
11	<p>12 Sausage/egg biscuit sandwich</p> <p>Sloppy Joe/bun Smile fries, cheesy green beans, rice crispy bar</p>	<p>13 Breakfast burrito, hash browns, toast</p> <p>Chicken fried steak Mashed potatoes, corn, roll</p>	<p>14 Cereal, donut, fruit cup</p> <p>Taco Tritater, lettuce, vanilla pudding</p>	<p>15 Pancakes, sausage</p> <p>Cheesy turkey &amp; noodles, peas, peaches, cinnamon roll</p>	<p>16 Sausage gravy/ biscuit</p> <p>Corn dog nuggets Spec. baked potatoes, cole slaw, cookie</p>	17
18	<p>19 Bacon, egg biscuit</p> <p>Fish Sandwich Mashed potatoes, corn, cookie</p>	<p>20 Breakfast Quesadilla, tater tots</p> <p>Turkey veg. soup Pears, cornbread</p>	<p>21 <b>LATE START NO SCHOOL</b></p> <p>Weiner roll-up Mashed potatoes, fruity jello, baked beans</p>	<p>22 Cereal, yogurt, bagel</p> <p>Turkey deli-wrap Twister fries, fresh fruit, brownie</p>	<p>23 Breakfast pizza, fruit</p> <p>Grilled chicken sand. Hash browns, carrot sticks, spice cake</p>	24
25	<p>26 Pancakes, sausage</p> <p>Hot dog w/bun French fries, mac 'n cheese, fresh oranges</p>	<p>27 Omelet, toast, hash browns</p> <p>Breaded Chicken Sand. Mashed potatoes/gravy, broccoli, peaches</p>	<p>28 Cereal, muffin, fruit</p> <p>Nachos Grande Tritater, cookie, pears</p>	<p>29 French toast, ham patty</p> <p>Goulash, green beans, pineapple, garlic bread</p>	<p>30 Sausage gravy over biscuit</p> <p>Pepperoni subs, lettuce, applesauce, cookie</p>	31