

# October 2011



## ELGIN PUBLIC SCHOOL BREAKFAST & LUNCH MENUS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	<p>3 Sausage, Egg, Biscuit Fruit</p> <p>Chicken Fried Steak Mashed potatoes, gravy, carrots, roll</p>	<p>4 Cereal/oatmeal, donut, grapes, yogurt</p> <p>Sloppy joe w/bun Smile fries, pickle, cookie</p>	<p>5 Pancakes, kiwi fruit</p> <p>Spaghetti w/meat sauce Green beans, peaches, breadsticks</p>	<p>6 Omelet, toast, tots, fruit</p> <p>Chicken noodle soup carrots, applesauce, cornbread</p>	<p>7 Breakfast pizza, fruit</p> <p>Turkey deli wrap Lettuce, orange wedges, power jello</p>	8
9	<p>10 Ham, egg, biscuit, fruit</p> <p>Breaded pork sandwich Au gratin potatoes, carrots</p>	<p>11 Omelet, toast, fruit</p> <p>Chili/cheese dog French fries, fresh fruit, cookie</p>	<p>12 Cereal/oatmeal, yogurt, muffin, fruit</p> <p>Taco pizza Beans &amp; rice, lettuce, pineapple</p>	<p>13 Sausage gravy over biscuit, fruit</p> <p>Turkey gravy over biscuit, mandarin oranges, corn, stuffing</p>	14  NO SCHOOL	15
16	<p>17 Sausage, Egg, Biscuit, fruit</p> <p>Corndog nuggets Baked beans, orange wedges, biscuit</p>	<p>18 Cereal, bagel, yogurt, fruit</p> <p>Grilled chicken on a bun Hash browns, mixed fruit, cookie</p>	<p>19 Waffles, hash browns, fruit</p> <p>Taco soup cauliflower, applesauce, tortilla chips/cheese</p>	<p>20 French toast, ham, fruit</p> <p>Chicken tortilla bake Green beans, pears, jello</p>	<p>21 Breakfast pizza, fruit</p> <p>Hot ham 'n cheese sandwich Potato wedges, pineapple</p>	22
23	<p>24 Ham, egg, biscuit, fruit</p> <p>Sloppy Joes/bun Smile fries, pickle spears, fruit</p>	<p>25 Scrambled eggs, tots, toast, fruit</p> <p>Chicken fajita Tritater, lettuce, rice</p>	<p>26 Pancakes, sausage, fruit</p> <p>Pig in a blanket Baked beans, applesauce, cookie</p>	<p>27 Cereal, yogurt, donut, fruit</p> <p>Cheesy chicken and noodles, peas, peaches, cinnamon Roll</p>	<p>28 Sausage gravy over biscuit, fruit Spaghetti w/meat sauce, lettuce, cottage cheese, pineapple, breadsticks</p>	29
30	<p>31 Sausage, egg, biscuit, fruit</p> <p>Breaded chicken sandwich Mashed potatoes, gravy, corn, fruit</p>			<p>Milk &amp; juice are offered with each breakfast and milk is offered with each lunch. Cereal optional for each breakfast. Chef Salad optional to grades 7-12 at lunch</p>		